

Through Our Children's Eyes



Margaret Jarvinen

Through Our Children's Eyes is a collection of quotes from children between the ages of three to twelve years about how they perceive their parents. Space is provided for you and your child to write your own responses and identify what brings you the most joy in your relationship together.

This book will inspire you to:

- > Have more joyous moments with your children
- > Smile from the heart
- > Find out what your children like best about you
- > Discover what their favourite activity is
- > Be uplifted through reading the children's quotes
- > Record precious moments you share together
- > Acquire heartfelt lifetime memories

What others have said about this book:

"A simple yet powerful message" – Ellen, J. (mother of two)

"This book will definitely put a smile on your face" – Rylee, D. (mother of twins)

"This would bring tears to my eyes if I received this as a present." – Rachel, M. (mother of three)

Margaret is donating 25% from the profits of sales to the ACT for Kids Charity.



Margaret Jarvinen

is a mother of two small children. She has worked as an adult educator and in the social welfare sector. She has an Associate Degree in Vocational Education and Training.









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Preface

How the idea of this book originated

The idea of this book started one morning when my children were momentarily content and I was able to spend some time daydreaming.

I was thinking about how beneficial it would be if I could discover what my children thought was important to them. I really wondered what they honestly enjoyed doing with me, their father and together as a family.

As a mother, I have at times become a victim of daily routines – keeping the house and family in order and performing duties that I feel can be full of responsibility. At times, this perception has prevented me from living in the moment with my children and coming from a space of pure joy and ‘through the eyes of children’.

I thought if I could find out what brought my children joy and read other children’s perspectives of what is important to them, I would be better able to implement the behaviour of living in the moment in my daily life and with my children.

My intention was a light-hearted book I could draw inspiration and feelings of joy from on a daily basis.

I believe that I need to demonstrate joyous living to my children. By being a role model for living in the moment and focusing on experiences that they believe are important to them, my children will become more joyous, trusting and balanced. I believe this is my role as a mother.

Of course, there are times as parents that we must get on with daily duties – this is simply part of life. I just like to check in with myself occasionally and strive for more balance between the daily responsibilities and choosing to enjoy moments of pure happiness with my children.

With this new thought, I went in search of a book about children’s joy. “Surely someone has already done this,” I thought to myself. Apparently not, because my search turned up nothing. There were many books on how parents perceive their children, quotes on the funny things children say and perceptions of children on worldly matters.

I could not find quotes about how children perceived their parents and what is important to them so I decided to create this book! I hope you benefit from it and find a new level of joy to share with your children.





CHAPTER ONE

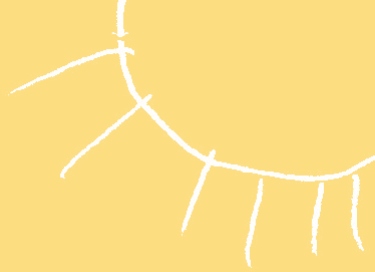
The best thing about my Mum

*“Mothers hold their children’s hands
for a short while,
but their hearts forever.”*

Author Unknown







Your turn!

What is the nicest thing your Dad has said?

What is the nicest thing your child has said?



About the author

MARGARET JARVINEN is a wife and mother of two small children. Before she became a mother Margaret was an adult educator and worked in the social welfare sector. She has an Associate Degree in Vocational Education and Training. Since having her children Margaret has become more aware of the importance of enjoying and living in the moment. Her hope is that when parents have challenging days this book will inspire and uplift them and bring joy back into daily life.

To purchase a copy of this publication go to:

www.throughourchildrenseyes.com.au

I have many ideas for future books and am always searching for children's quotes.

If you would like:

- your child to be part of my next publication
- share the wonderful things your child has said, or
- share how you bring more joy into your life

then please join me online at the website above.

All contributions are welcomed.

I look forward to communicating with you and I hope you have enjoyed this book.